

PREMIER FAMILY DENTISTRY OF ALABASTER, P.C. NOTICE OF PRIVACY PRACTICES

NOTICE OF PRIVACY PRACTICES (DENTAL)

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW CAREFULLY.

The Health Insurance Portability and Accountability Act of 1996 ("HIPAA") is a federal program that requires all medical records and other individually identifiable health information used or disclosed by us in any form, whether electronically, on paper, or orally, are kept properly confidential. This Act gives you, the patient significant new rights to understand and control how your health information is used. "HIPAA" provides penalties for covered entities that misuse personal health information.

As required by "HIPAA," we have prepared this explanation of how we are required to maintain the privacy of your health information and how we may use and disclose your health information.

We may use and disclose your medical records only for each of the following purposes: treatment, payment, and health care operations.

- Treatment means providing, coordinating, or managing health care and related services by one or more health care providers. An example of this would include teeth cleaning services.
- Payment means such activities as obtaining reimbursement for services, confirming coverage, billing or collection activities, and utilization review. An example of this would be sending a bill for your visit to your insurance company for payment.
- Health care operations include the business aspects of running our practice, such as conducting quality assessment and improvement activities, auditing functions, costmanagement analysis and customer service. An example would be an internal quality assessment review.
- We may also create and distribute de-identified health information by removing all references to individually identifiable information.
- We may contact you to provide appointment reminders or information about treatment alternatives or other health-related benefits and services that may be of interest to you.

Premier Family Dentistry of Alabaster, P.C.
NOTICE OF PRIVACY PRACTICES

- Any other uses and disclosures will be made only with your written authorization. You may
 revoke such authorization in writing, and we are required to honor and abide by that
 written request, except to the extent that we have already taken actions relying on your
 authorization.
- You have the following rights with respect to your protected health information, which you can exercise by submitting a written request.
- The right to request restriction on certain uses and disclosures of protected health
 information, including those related to disclosures to family members, other relatives, close
 personal friends, or any other person identified by you. We are, however, not required to
 agree to a requested restriction. If we do agree to a restriction, we must abide by it unless
 you agree in writing to remove it.
- The right to reasonable requests to receive confidential communication of protected health information from us by alternative means or alternative locations.
- The right to inspect and copy your protected health information.
- The right to amend your protected health information.
- The right to receive an accounting of disclosures of protected health information.
- The right to obtain a paper copy of this notice from us upon request.

Office Contact Information:
Premier Family Dentistry of Alabaster
Joseph A. Zanthos, DMD
10090 Highway 119
Alabaster, AL 35007
Phone 205.621.5304
Fax 205.621.5306

Premier Family Dentistry of Alabaster, P.C.
NOTICE OF PRIVACY PRACTICES

10090 Highway 119 · Alabaster, AL 35007 · Phone 205.621.5304